



HIKING TRIP PACKING LIST

This packing list is for the backpacking portion of your camp. Please bring the following items, in addition to the items on the Camper Packing List.

- Backpack with an internal or external frame. **(If you do not own a backpack, you may borrow one from Camp Westminister. These may be reserved on a first come, first served basis. Please call the camp office to reserve.)**
- Sleeping bag that packs in a stuff sack and weighs 6 lbs. or less (**not a big bed roll**)
- Sleeping pad - optional - we will leave this at camp if we have trouble making our packs light enough
- 1 pair hiking boots or supportive athletic shoes, preferably waterproof
- 1 pair (at least) good quality hiking socks, made of wool or acrylic
- 1 pair loose, lightweight shorts for hiking
- 1 pair lightweight long pants (such as wind pants, not blue jeans)
- Sunglasses with UV protection
- 1 hat with a brim - like a baseball hat
- 1 bandanna
- 1 pair of long underwear or sweatpants
- 1 warm hat to wear at night when the temperature drops
- 1 pair warm gloves

Note: Please bring personal items such as soap, shampoo, toothpaste, insect repellent, etc. packed in small containers for the trip.